

SACRED VENUS Dance Retreat

Egyptian / Mayan Discovery with Keti Sharif
May 18-22, 2024 Cancun

Mexico

Somatics Bellydance Yoga Sacred Sites Mayan Ceremony Beaches Drumming

Dancers, join us for the SACRED VENUS retreat in Playa del Carmen 18-22 May 2024.

I'll be teaching Somatic Bellydance workshops focusing on the Goddess Venus, and her relevance in both Egyptian and Mayan cultures. We'll have a lot of fun dancing together! It's also a deep, somatic exploration of healing bellydance, inner-work and meaningful movement to change your life. You will dive into a rich world of movement magic!

Egyptian and Mayan culture. My lovely friend, Irene Basto, of pure Mayan heritage, will be teaching yoga & sacred dance at Sejmet studio and we will meet with traditional Mayan Shamans and visit the Mayan Temple of Venus. Our group will visit ancient Mayan sites & temples at Yucatan. Personally, it's an honour for me to lead this retreat, as we celebrate what Venus represents - the deep feminine; love, beauty, music, dance, art, childbirth... and more. Venus also rules destruction, which makes way for creation and rebirth.

The Mayans knew more about Venus astrologically than any other culture, so we explore this historically and mythologically. In Ancient Egypt, Venus was represented by Hathor/Isis, which we will create dances for. I studied Sufi Astrological artefacts at Uni, and look fwd to this immersion to share more!

EARLYBIRD discount retreat package with 5 nights accom is \$1200 USD and includes twin share hotel near beach w/breakfast May 18-23 (5 nights), with all classes, workshops, yoga, excursions, evening party night and Mayan healing ceremony. All transportation between hotel and studio, and excursions, are included. Single king room option is \$300 extra (\$1500). After Dec 1st regular price is \$300 more - \$1500 twin/\$1800 single king room.

The nearest airport is Cancun, Mexico. Check in 18th May, check out 23rd May. Book your place now! Let's dance!

Keti Sharif

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